



CHAMPLAIN VALLEY REDHAWKS BASEBALL

Team Selection Process & Rubric

1. Work Ethic
 - a. Players who, from within, perform with a "first on, last off" kind of mentality; who are willing to do all that asked of them; eager to do that little bit extra to improve daily.
2. Individual Toughness
 - a. Players who love to compete against the best teams and in the most stressful situations achieve at higher rates.
3. Good Teammate
 - a. The ability to work together as one single team. First thoughts begin with "We" rather than "me."
4. Coachability
 - a. It is not personal. Being coachable is having the ability to receive constructive criticism knowing that the sole goal is to make you a better ballplayer, and then make the recommended adjustment on the field.
5. Pitching
 - a. The quality and depth of a pitching staff will directly relate to team success.
6. Hitters
 - a. The team that scores the most runs wins. Hit for an average or hit for power, it doesn't matter; just "hit."
7. Catchers
 - a. The catcher is the field general during the defensive half of an inning. The team needs you to develop baseball knowledge, receiving skills, and defensive abilities, especially throwing techniques.
8. Speed
 - a. Find it, develop it, use it. You can coach skills, you cannot coach raw speed.
9. Defense
 - a. In the infield and outfield, both, fundamental matter. We need players who have, or can develop, the mental and physical skill sets to field ground balls, field fly balls, make quick decisions and accurate throws.



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10. Tie goes to the Coach

- a. Years ago, on a close play at 1st base, I ran up to the umpire and said, "Tie goes to the runner!" He looked at me with a smile and said, "You are wrong coach, tie goes to the Umpire!" I've never forgotten that comment. In selecting the final roster from such a deep talent pool, it's inevitable that there will be close calls. In all of these, the tie goes to the coach.

Not being selected as one of the players for any team is a very uncomfortable situation for players, parents and coaches alike. It brings negativity and hurt into the environment that should be positive and uplifting. It is easy to say that no one can grow through the experience. Although true in most cases, the fact still remains that it hurts all that are involved. Perhaps by knowing the process, players and parents can better understand the whys of being and not being selected.

Please note all CVU Baseball Coaches use the same approach and rubric when selecting players.