



# CHAMPLAIN VALLEY REDHAWKS BASEBALL

## For the Participant & Parent Extracurricular Policies & Procedures Read Carefully!

To provide a stimulating atmosphere of learning, the Champlain Valley Union High School offers extra-curricular activities that develop and express student interests and talents. Extra-curricular activities enable students to enhance their effective learning skills and abilities in a dimension beyond the core curriculum.

Champlain Valley School District  
Extra-Curricular Activities Policy Statement

The Champlain Valley Union High School recognizes the integral role extra-curricular activities represent in a student's total education. The District's eligibility criteria for participation in extra-curricular activities will involve the following. Students should:

- Refrain from using illegal drug, regulated substance or alcohol;
- Refrain from using tobacco or any tobacco products;
- Be in good academic standing, as determined by the principal;
- Be in good disciplinary standing, as determined by the principal;
- Be in attendance on the day of the event/performance/meeting, unless excused by the principal or designee and;
- Be enrolled in the public school sponsoring the activity.

In addition to the above, students participating in interscholastic sports should:

- Be in good health; and
- Have proper medical insurance prior to participation.

It is the policy of the Board to provide an interscholastic athletic program for students of both genders that meet the following criteria. The activities should:

- Provide athletic facilities and opportunities for participation on an equal basis regardless of the gender;
- Stress educational, as well as recreational benefits derived from participation in interscholastic sports; and
- Conform fully to the rules and regulations of the Vermont Principals Association.

The Board will make determinations related to individual activities in the programs based on the following considerations:

- The level of student interest and commitment;
- The level of community interest in an activity;
- The impact of adding or eliminating an activity on existing programs and facilities;
- The potential of the activity to remain competitive with other participating schools;
- The availability of qualified personnel to coach and supervise the activities; and

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-In relation to the total athletic program, the impact of adding or eliminating an activity on the balance of opportunity for students of both genders to participate.

- A. In reference to **SUBSTANCES**, the participants will be subject to the school's Substance Abuse Policy (F9). In addition to the consequences outlined in the school's Substance Abuse Policy, the following consequences will be implemented for participants in the school's extra-curricular program.

## **Use, possession or procurement of substances in season/period of activity, at school sponsored events -**

1<sup>st</sup> violation of the policy -

School consequences - Substance Abuse Policy followed

Activity consequence - For athletics, the athlete will be suspended from interscholastic play for the equivalent of 20% of contests for that season, effective immediately after the violation. For other extra-curricular activities, the period of suspension will be defined and communicated with participants by the school administration.

2<sup>nd</sup> violation of the policy -

School consequences - Substance Abuse Policy followed

Activity consequence - out for the remainder of the season/activity and all other activities for the remainder of the school year.

## **Use, possession or procurement of substances in season/period of activity, not at school sponsored events - (credible source as defined by the principal).**

1<sup>st</sup> violation of the policy -

School consequences - Substance Abuse Policy followed

Activity consequence - For athletics, the athlete will be suspended from interscholastic play for the equivalent of 20% of contests for that season, effective immediately after the violation. For other extra-curricular activities, the period of suspension will be defined and communicated with participants by the school administration.

2<sup>nd</sup> violation of the policy -

School consequences - Substance Abuse Policy followed



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Activity consequences - out for the remainder of the season and all other activities for the remainder of the school year.

## **Use, possession or procurement of substances out of season/period of activity, at school sponsored events -**

1<sup>st</sup> violation of the policy -

School consequences - Substance Abuse Policy followed

Activity consequences - none. It would be encouraged that the student works with the advisor/coach to deal with situation.

2<sup>nd</sup> violation of the policy -

School consequences - Substance Abuse Policy followed

Activity consequences - out of all other activities for the remainder of the school year

## **Use, possession or procurement of substances out of season, off school grounds: (credible source as defined by the principal)**

1<sup>st</sup> violation of the policy -

School consequences - no Substance Abuse Policy violation

Activity consequences - none. If possible, the advisor/coach should work with the student in working through restitution issues if appropriate.

2<sup>nd</sup> violation of the policy -

School consequences - no Substance Abuse Policy violation

Activity consequences - out of all activities for the remainder of the school year.

## **Sale or distribution of substances:**

Sale or distribution of substances on or off school grounds will result in the school's immediate removal from all extracurricular activities for the remainder of the school year. If the sale and distribution occur in a non-school context, the credibility of the source will be determined by the principal.



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In the case where the student uses **TOBACCO** (reference F3), for the first violation, students must enroll in a smoking/tobacco cessation program. Students must have attended at least one session. Further participation is dependent upon completion of the program.

If the student uses tobacco for a second time, the student will be ineligible for participation for the remainder of the activity and/or school year.

- B. In reference to **ACADEMICS**, the student must carry minimum of (5) courses during the entire period of participation. The participant must also maintain a "C" cumulative average each marking period. If the student fails to maintain a "C" cumulative average in the quarter prior to participation or falls below the "C" range during the period of participation, the student will be allowed to practice/rehearse but may not participate in events/contests/performances.
- C. In reference to **ATTENDENCE**, the student must be at all regularly scheduled classes in order to participate in extra-curricular activity. Doctor or Dental appointments or other legitimate excuses as determined by the school administration are the exceptions to this rule.
- D. In reference to **PHYSICAL EXAMINATION**, the student-athlete must have an exam indicating physical status to participate in interscholastic competition, prior to participation. A physical exam will be valid for (2) years only.
- E. In reference to **PARENTAL PERMISSION FORM**, the form must be turned in to the school once every year before a student may participate in athletics. The form can be obtained via coach, student activities office, nurse or main office.
- F. In reference to **INSURANCE**, participation in interscholastic activities or other physical activities is voluntary; CVUHS requires that the student be covered by health and accident insurance. If the student is not covered under family policy, student insurance can be purchased (minimal cost) through the school nurse. Insurance must be purchased prior to participation.

## **Vermont Principal's Association Eligibility Standards**

- A. Contestants or participants must be enrolled in their school and must meet the school's prescribed academic and eligibility rules. Students may only compete on school teams sponsored by their own school during the season and may only compete for the one school in which he or she is officially enrolled. Students may participate in meets as individuals but may not participate as a member of another team.
- B. In a sports season, players who have participated in competition as a member of a school group shall not compete as members of a non-school organized group in the same sport. Violation of this rule will be handled as follows:
  - a. For the first infraction, a warning to students will be given that the choice of participation on one or the other group must be followed.
  - b. For the second infraction, students will be dropped from the school group.



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- C. Transfer students are eligible at once provided they were bona fide students in the school from which they transferred according to the definition in Item A above. If the transfer is the result of any coercion, recruiting or inducement to move in order to participate in interscholastic activities, students will be ineligible for a period of 365 calendar days from the date of the infraction. The principal of any receiving school shall check carefully to determine the reason for transfer. Reports of suspected violations of transfer student's eligibility rules must be made to the Executive Director immediately.
- D. A school shall be deemed in violation of the rule against recruitment for directly or indirectly supporting or sanctioning recruitment if a representative or agent of the school, or any individual or group associated with the athletic programs of that school, approaches a student athlete in another school, apart from a publicizing meeting for all prospective students in that school, and directly or indirectly attempts to persuade or induce a student athlete to enroll in his/her school. A school may also violate this rule by failing to take adequate steps to control recruitment by third parties.
- E. A student who competes in any VPA sanctioned activity must be under nineteen (19) years of age, except that a student whose nineteenth (19<sup>th</sup>) birthday occurs on or after August 1 is eligible for all activities in the ensuing school year. Students who have attained the age of nineteen (19) prior to August 1 shall be ineligible for all VPA sanctioned activities.
- F. Students are ineligible if they have graduated from any course of study in a secondary school comparable to the Vermont system. The initial determination of whether the secondary school is comparable shall be made by the school's principal. If there is a question concerning the eligibility of the student under this rule, the Executive Director may review the principal's determination. Determining whether a secondary school is comparable, the principal, Executive Director, Activity Standards Committee and the Board of Appeals shall give consideration to the normal number of years of the primary and secondary school programs; the length of the school days and year; the curriculum; whether graduation makes the student eligible for post secondary education; and any other relevant information. If the total length of the normal primary and secondary program for the school system in question is less than twelve years, then the secondary school may be deemed less than comparable. Waivers of the eligibility rule may also be granted in accordance with these bylaws.
- G. Students have four (4) consecutive years or eight (8) consecutive semesters of eligibility for participation in school activities. Attendance of thirty (30) school days of any semester shall be regarded as a semester. Attendance is defined as being included in the official roll and attendance records of the school and not physical presence in the class. A student that is enrolled for his/her eighth and final semester of eligibility, during the fall-winter term, may complete the winter sports season as long as he/she is an eligible student and has not graduated.
- H. No student may participate in the same sport for more than four seasons.
- I. Students are ineligible if they have lost their amateur standing, i.e., they have accepted remuneration, gifts or donations directly or indirectly for participation in an athletic contest or they have participated under an assumed name, or they have competed on a team some player of which was paid for his participation or they have entered into a playing contract with an professional club or agent. Reference to "gifts or donations" is not intended to preclude the acceptance of playing apparel and equipment that is presented by the sponsoring organization.



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- J. Amateur Status Rulings and Comments:
  - a. Students who lose amateur status in one sport do not lose it in other sports.
  - b. Students will lose their amateur status in the sport involved if they accept any money whether for participation or as a prize for being outstanding players.
  - c. Students who become members of a ski patrol will not jeopardize their amateur status.
  - d. Amateur or a team of amateurs may participate against a team of professionals. Amateurs may not participate on a professional team or on a team where members of the team are receiving remuneration if their athletic services.
  - e. High school students should be advised to exercise great caution in participating in any athletic activity where there are cash prizes. Youngsters should be extremely careful in participating in adult bowling leagues where there are cash prizes. These rulings are made with two thoughts in mind:
    - i. Maintaining an amateur status while participating in interscholastic activities.
    - ii. Protecting future athletic eligibility for activities after completion of high school.
- K. All Star Contests
  - a. For purpose of this policy, an All-Star contest is defined to be one in which the participants are selected based upon their performance as a member of VPA sanctioned school athletic activity. This definition does not include Babe Ruth, American Legion, summer soccer or basketball (CYO or DeMolay Activities), etc.
  - b. The VPA does not sanction or approve of All-Star contests. Students who participate in an All-Star contest will lose their VPA eligibility to participate in that same sport at their high school for the succeeding season. The only exception to this policy is when the All-Star contest is directly related to the activities of the U.S. Olympic Committee.
- L. Students who during the regular school day, attend specialized schools or programs where the primary purpose of this instruction or program is to enhance skills in specific sports and/or activities, during the time of established VPA sessions in that particular activity, will not be permitted to participate with their home school in that activity.
- M. Students who have matriculated in a post-secondary academic program that grants degrees, certificates or diplomas shall be ineligible.

For more information go to: [www.vpaonline.com/bylaws/bylaws4.html](http://www.vpaonline.com/bylaws/bylaws4.html)

## **CVUHS Participation Responsibilities**

- A. Academic Performance is your primary responsibility.
- B. You represent yourself, your community, your school and your team - adhere to appropriate behavior.
- C. You should practice good sportsmanship daily.
- D. Extracurricular activities are not an excuse for being tardy or absent from school on the day following competition.
- E. Participation rules established by your school and coach/advisor must be observed.
- F. Employment should not interfere with academics or extracurricular activity (choice have to be made).

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- G. Equipment and uniforms issued to the participant must be returned in the same condition at the end of the activity. Equipment that is lost, damaged or stolen is the responsibility of the participant, to make financial restitution to the school.
- H. If a participant is involved in malicious damage to the school or public property, he/she will be required to make restitution to the owner and will be dismissed from the activity.
- I. Any injury should be reported to the advisor/school no matter how slight the injury may appear. If the injury requires a physician's care, the participant must have written permission from the doctor before returning to that activity.
- J. There are times during the season when it is necessary for the student to leave for competitions during the school day. It is the participant's responsibility to make up any work missed and to make proper arrangements with the instructor prior to the absence.
- K. If the participant must go on family vacation during the activity season, the participant must give the advisor/coach written notice as soon as the plans are known. The interruption of practice and conditioning is not recommended.
- L. When transportation is provided by the school for "away" competitions, participants are expected to use the school transportation. Students may ride home after competition with their parents. Students are not allowed to ride with other students.
- M. Participants are to arrange for their own transportation home, at the appropriate time, after the activity or after a "home" competition.
- N. Students should make every effort to participate in the activity in which they are genuinely interested. Students will not, except in exceptional cases, be allowed to compete on two teams during the same sport season.

## **CVUHS BEHAVIORAL/SPORTSMANSHIP CRITERIA**

The participant is required to:

1. Treat advisors, opponents and coaches with respect.
2. Establish a hard work ethic but play within the rules.
3. Exercise self-control at all times, setting an example for others to follow.
4. Respect officials and accept decisions without gesture or argument.
5. Win without boasting, lose without excuse and never quit.
6. Always remember that it is a privilege to represent the school and community.

**IMPORTANT:** Failure by the CVUHS participant to follow philosophy and behavioral responsibilities will result in disciplinary action. The action implemented by an advisor or coach, may result in suspension or dismissal of the participant from the activity.

## **AWARDS AND ATHLETIC AWARDS**

The awards system at CVUHS is designed to reward the responsible and committed student participant. Specific requirements for earning an award shall be explained by the advisor or coach prior to the beginning of the activity.

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The general requirements are as follows:

- A. Regular attendance at practices and contests.
- B. Completion of the sport season.
- C. Be a contributing member of the team in effort and enthusiasm.
- D. Appropriate conduct at all times.

The progression of athletic awards is as follows:

- A: Freshman and Junior Varsity Level - Certificate of Participation
  - B: Varsity Level - Varsity letter/pin for that particular sport, Certificate of Participation.
- Successive Awards in a varsity sport include certificate and service bar (pin).